

# ~ Breakfast ~

PLEASE ORDER AT THE COUNTER

**COFFEE ~ TEA**      Small \$3.8      Med \$4.5      Large T/A only \$5

Iced Coffee/Chocolate \$5.5

**SMOOTHIES**    ~ Tropical Mango ~ Mixed Berry ~ Banana ~      \$7.5

**MILKSHAKES**    Small \$5.5      Large      \$6.5

**Gluten Free Bread available on request \$0.5**

**TOAST** 2 slices of locally made sourdough with Butter & your choice of condiments:

Vegemite, Jam, Marmalade or organic Honey ..... \$5.5

**FRUIT TOAST** Thick sliced fruit loaf (2) served with butter & marmalade ..... \$6.5

**GRANOLA** Toasted oats, nuts, seeds & coconut layered with seasonal berries, Greek yoghurt topped with raspberry coulis ..... \$10.5

**SMOOTHIE BOWLS** Creamy Berry smoothie bowls topped with fresh seasonal fruit, Goji berries, granola, nuts & coconut chips ..... \$12

**FLUFFY BUTTERMILK PANCAKES** served with Vanilla Ice cream & Maple syrup ..... \$12.5

**EGG & BACON ROLL** bacon, fried egg & tomato relish on a fresh bakery roll ..... \$7

**BIG BREAKIE ROLL** bacon, two fried eggs, hash browns, tasty cheese & BBQ sauce ..... \$10.5

**EGGS YOUR WAY** 2 eggs ~ poached, fried or scrambled served with sourdough toast ... \$9.5

**ADD EXTRAS** .....

Shortcut Bacon \$4	Baked Beans \$3	Hash browns (2) \$3
Grilled Tomato \$3	Pan fried Mushrooms \$3	Hollandaise Sauce \$3
Smashed Avocado \$5	Pork Bratwurst Sausage \$4	Smoked Salmon \$5
Seared Spinach with a touch of garlic \$3		

**THE HAVEN MIGHTY BREAKFAST** ..... \$19.5

Scrambled Eggs on sourdough bread served with bacon, sausage, hash browns, grilled tomato, seared spinach & baked beans

**SMASHED AVOCADO & FETTA** ..... \$18.5

crispy shortcut bacon, smashed avocado & crumbled fetta topped with 2 poached eggs

**DUKKHA EGGS** ..... \$15

Poached eggs served on sourdough toast with bacon & house made Pine nut & Almond Dukkha

**EGGS BENADICT** ..... \$17

Poached eggs, bacon on a English muffin topped with Hollandaise Sauce

**SMOKED SALMON SCRAMBLE** Fluffy scramble eggs, smoked salmon & avocado served on toasted sourdough, topped with lemon pepper hollandaise sauce ..... \$19

**Please note a 10% surcharge applies on Public Holidays**

## ~ Lunch ~

Check our board & display cabinet for daily specials

**TOASTED SANDWICH:** Ham & Cheese \$6 ~ Cheese & Tomato \$6 ~ Ham, Cheese & Pineapple \$6.5

Ham, Cheese & Tomato \$6.5 ~ Chicken & Avocado \$7

**BLT** Bacon, lettuce, tomato on sourdough with garlic aioli ..... \$8.5

**BLA** Bacon, lettuce & avocado on sourdough with garlic aioli ..... \$9.5

**BLAT** Bacon, lettuce, avocado & tomato on sourdough with garlic aioli ..... \$10

**OPEN STEAK SANDWICH** 150gm seared porterhouse steak served on Turkish pide with bacon, lettuce, tomato & cheese topped with our house made relish ..... \$19.5

**PORTUGUESE CHICKEN BURGER** served with a side of chunky fries ..... \$17

Chicken breast marinated in our house made Portuguese sauce topped with lettuce, tomato & cheese, served on a lightly toasted Brioche roll

**THE HAVEN MIGHTY BURGER** served with a side of chunky fries ..... \$18

Succulent house made Beef patty served with the lot! (including pineapple)

**VEGIE BURGER** served with a side of sweet potato fries

Grilled vegetable patty served on a activated charcoal roll with lettuce, avocado, cucumber ~ topped with our mild satay sauce ..... \$16 V

**FISH & CHIPS** fresh local gummy shark ~ beer battered or grilled ~ salad of the day, chunky steak house fries, tartare sauce & lemon ..... \$17.5

**FLAT HEAD TAILS** lightly battered, served with garden salad & chunky steak fries \$18.5

**CHICKEN PARMIGIANA** house crumbed chicken breast topped with Napoli sauce & mozzarella cheese ~ served with garden salad and a side of steak house fries ..... \$19.5

**MARINATED CHICKEN BREAST & QUINOA SALAD** ~ Roasted Pumpkin, beetroot & Fetta Quinoa salad topped with our Portuguese marinated chicken breast & balsamic glaze ..... \$17.5 gf

**EGGPLANT PARMIGIANA** Roasted eggplant topped with Napoli Sauce & Mozzarella cheese Served with garden salad & sweet potato fries ..... \$17 v gf

**VEGETABLE FRITTATA** served with our salad of the day ..... \$14.5 v gf  
Roasted Pumpkin, Spinach & Sun dried Tomato frittata sprinkled with toasted pine nuts

<b>BOWL OF SWEET POTATO FRIES</b> .....	\$8.5	}	Add sauces ~ \$1
<b>BOWL OF CHUNKY STEAK HOUSE FRIES</b> .....	\$6		Aioli, Chipotle, Mayo or Gravy

### ~ THE LITTLE ONES ~

**CHICKEN NUGGETS & CHIPS** 3 nuggets with a small side of chips **\$6.5** Additional nuggets \$1 each

**FISH & CHIPS** ..... \$8

**CHEESE BURGER** ..... \$6.5

**BUTTERMILK PANCAKE** topped with Ice cream & Maple Syrup ..... \$7

**SMOOTHIES** ~ Tropical Mango ~ Mixed Berry ~ Banana ~ \$7.5